

THURS- 15-01-76.

Awake 7:30am; bella @ 9am. Wind clear
very fine - slight wind; peak + 9. left
C. Hut @ 10:30am (Mike + Munge)
staying extra day). went past Louw-
er Kop, Repetto's Hill, along edge
of escarpment to Lindero Meer, Gony
Plain + stopped @ Long Ridge. hut from
1:45-2:45 for lunchbreak. Then over
Long Ridge, betw. 1st + 2nd huts, across
top of Meas ridge + am @ base @ 4:30
pm. Glad to be back @ base again.
(Total dist = 50-55 miles)

Supper @ 7pm.

Tele. skid @ 8pm.

Up all nite till 03:45am - could
not get to sleep!!!

Rec. 2 letters from Mom; 1 memo from
Gert @ 2PP.

over blk lava to Spitzkop (very high
on escarpment) - at snow line - no vege-
tation - just fire lava (scoria) - looks
like lunar landscape; then down
towards hut @ Cape Davis 5pm. 9:50
@ RSP with Rudi + Johan @ C.D. - first
successful @ 50. His whole trip - head
C. Hut @ 5:30pm. Glad to be there today
our longest hike so far. Supper @
8pm. Bed @ 9pm. - nice in a
hut again.

at base; rec. letter from ~~the~~ Alfa
Continental Motors.

cats seen @ Shortkop Point (at caves)
Kiddellay, Watertunnel Stream, Kaalkoppie
Trijanet Bay cliffs, Repetto's Hill, Gony
Plain