

# These 16 men will spend New Year at sea

## Staff Reporter

THREE days before the New Year, the 16 members of the ninth South African Antarctic expedition will leave Cape Town aboard the RSA for the South African base on Queen Maud Island where they will spend one very cold year.

For the past three weeks the team has undergone general physical training lessons, strengthening exercises, basic life saving, mountaineering and the techniques of lifting and carrying under the watchful eye of Captain H. van Rensburg, chief instructor of the army combat physical training wing at South African Military College, Voortrekkerhoogte, Pretoria.

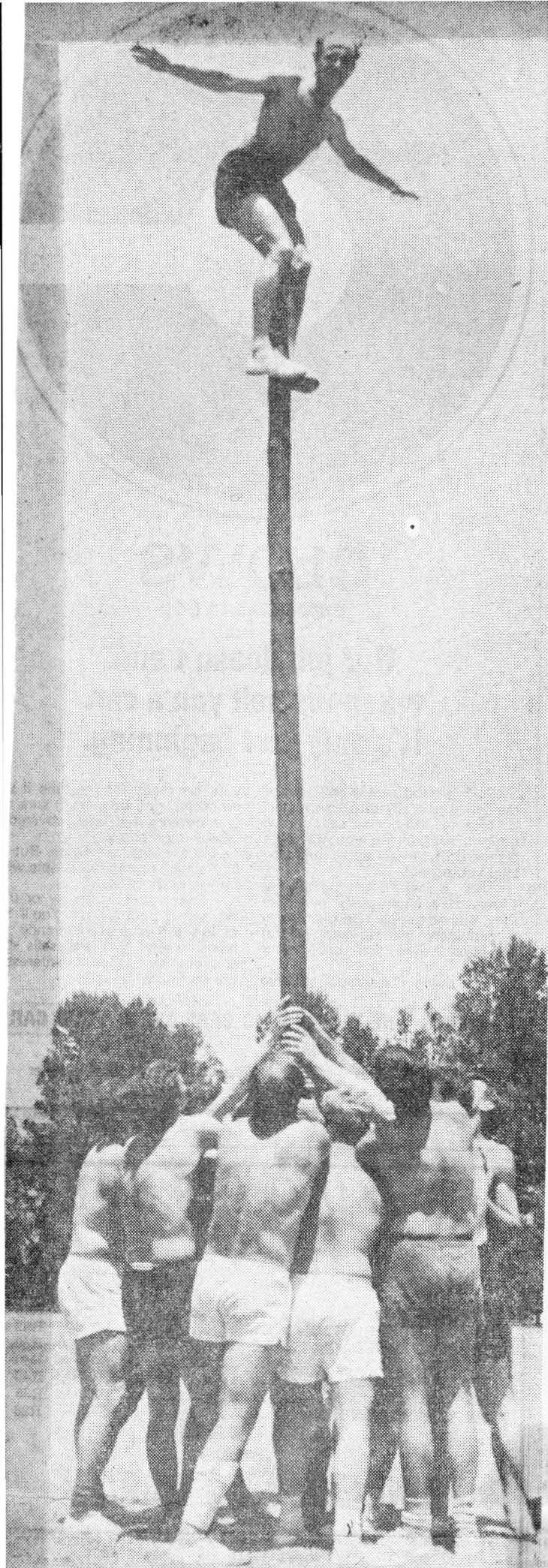
## CHRISTMAS

The team has another week of training to complete before the members disperse throughout South Africa to their homes, where they will spend Christmas with their families and friends.

Besides all their provisions for the year-long stay in Antarctica, the team will take 500 books set aside by the provincial library service in Pretoria.

The team will spend one day in Cape Town where members will be completely outfitted for the stay in the ice. The RSA steams out of Cape Town on December 29 and the team will see the New Year in at sea.

Some members of the team who live in Durban will be forced to leave their homes on Christmas Day to ensure that they will arrive in Cape Town on December 28.



Members of the South African Antarctic team at present undergoing physical training lessons at Pretoria support a pole to enable one of their team, Clyde Spencer, diesel mechanic, to perch on top.