

pm, Supper @ 6:30 pm, new team
made a really good pasoupell
dinner. Party all night to bed
@ 1am. - exhausted.

SUN- 02-05-76.

7am. - 1pm: Off-loading diesel
length @ 12pm. 1:30pm. Started
loading empty diesel drums,
etc. Building material + our
personal things - racing
against time all p.m. + dyno
trially @ 4:45pm (virtually
dark now) we all embarked on
good old RSA. Am in cabin with
Ludi, Piet S + Johan. Ship full.
Dinner @ 6pm. at 7pm. we left
anchor + left Marion - stayed
on bridge till 9:45pm, then to bed.

MON- 03-05-76.

Breaker @ 7:30am. On bridge all
a.m. till 11:30am. lunch. RSA
pitching + rolling like a
drunken scow. Heavy seas +
4 metre swell - only making

4 knots - on bridge all p.m.
as well - RSA rolling 49°
ave of 30°-35°, shipping lots
of water, bows dip into
tough, seas cover entire bows
crash against windows on
bridge - took some really
heavy slides. Dinner @
5:30pm. In bed by 7pm -
nothing much to do.

TUES - 04-05-76.

Breaker @ 7:30am. RSA still
rolling + cork screwing madly
though seas little bit calmer
today. Kipped all a.m. Lunch
@ 11:30am. On bridge from 12-
3pm. RSA still rolling 40° to
both sides. Pos. @ noon: 45° 23' 15",
35° 04' E; only covered 78 miles in last
24 hrs. Total dist. 1580 miles ave.
speed 4.35 knots. at 1pm changed
course from W - NE, + now doing
11 knots wind + swell behind us.
Loaded about all rest of p.m. Supper